



Rockford Area Celiac Support Assoc.

Helping People on a Gluten-free Diet
September 2016 Newsletter

Website: www.rockfordceliacs.com

Email: RockfordCSA@yahoo.com

Next Meeting
Wed., Sept. 28, 2016
7:00 pm

Conference Rooms 1, 2, 3
Swedish American Hospital

PLEASE NOTE CHANGE OF HOSPITAL
Meeting Room at OSF was NOT
available.

If you are bringing a gluten-free item to
share with the group, please bring the
recipe!

Information about Meeting at Swedes

The conference room is on the first Floor and you will want to enter through the Charles Street entrance (south side of the Hospital). Head left past Guest Services desk down a slight walkway/hallway area. Before you get to the elevators, there is a walkway to the right that takes you past the museum area and as you continue walking down that hallway, it takes you to the conference centers, again down the steps and to the left into 1,2,3. Guest Services can also direct you if you have a problem. Also, security is happy to escort you to your car after the meeting if you are uncomfortable or walking out alone.

Update on New Officers

This year has been an unusually challenging year and I apologize for not getting more newsletters out. I was extremely busy in the spring at work

taking care of an international project and then have had unexpected health issues after that.

Our Treasurer, Ron Ford's, wife, Marcie, had a severe stroke in May and Ron has had to resign his position as Treasurer to focus his attention on Marcie's recovery.

I was diagnosed in July with Stage 4 Ovarian Cancer and have been consumed with all of that and the treatment required. This will be a long journey for me but the prognosis is very good. As a result, I have had to resign my position as President of this group. Anyone wishing to follow the health journey I am on can see what is going on through www.caringbridge.com, then searching for my name. If you have a problem, email me and I can do a special invitation, but you should be able to get there without a problem. I am trying to remain in the Secretary capacity for now, but my efforts will depend on how my treatment is going.

Sandy Leitz, Lori Drummond and Judy Henke have agreed to step up and take control of the group in the following capacities:

President - Sandy Leitz

Vice President - Lori Drummond

Judy Heinke - Treasurer

Their contact numbers are shown at the end of the newsletter. Please support them as they move forward with the group. Thanks.

Now that I am working on the computer more, I'll get all the recipes from recent meetings and some newsletter items out in the new few weeks. Thank you for your patient, understanding and support.

Jolyn Jensen

